

A P R I L 2 0 2 1

GUS'S FARM

"PASTURE RAISED & VETERAN OWNED"

What's new on the farm?

CURRENT INVENTORY

Ham Steaks

/Roasts

Country Style Ribs

Regular Ribs

Pork Chops

Liver



Somewhere in our subconscious we all have imagery of large herbivores stampeding across grassy expanses as they are followed by flocks of birds and the predators that chase them. Whether it's the wildebeests and gazelles from a National Geographic or the American Bison from a Western it's an impressive display of nature's symphony.

We are excited to announce that we will begin raising Grass-Fed Beef this year. A lease with Hair of the Dog Farm in New Ipswich, NH has given us access to enough pasture to raise a few head. Much like the great migrations of buffalo we will be moving our cattle daily to fresh portions of pasture (paddocks) using portable electric fencing. Just as hawks and other native birds followed the bison to scratch and spread at their manure we will be following our cattle's moves with chickens and turkeys in a vintage and economical mobile coop. Or as Melissa would say, "A rusty P.O.S. from the scrap yard." I respond, "Yes dear, but an *economical* P.O.S.!"

P.O.S. or not, the trailer along with the portable fence allows us to mimic the most important part of all this which is movement. Moving the animals often in smaller paddocks results in healthier animals, more grass, deeper soil, cleaner water, less sickness, and more healthy gains for the animals.

Now it certainly isn't lost on us that the 10 acres we are leasing is just a drop in the bucket when compared to the Serengeti, American's Prairies, or the mega feed lots in the industrial food system. Well, that's true, but anyone who has had a leaky roof knows just how much impact a little drip can make if given some time.

I hope this month's newsletter has placed the fact that **we will be offering Grass Fed Beef in the future** somewhere in your subconscious, and that you will join us in adding drops to the bucket of land healing progress.

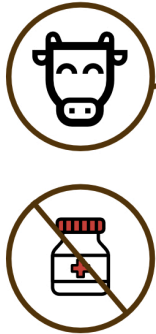
What is Rotational Grazing?

Large pastures are broken into sections called paddocks. Livestock are moved between paddocks when 50% to 70% of cover has been removed.

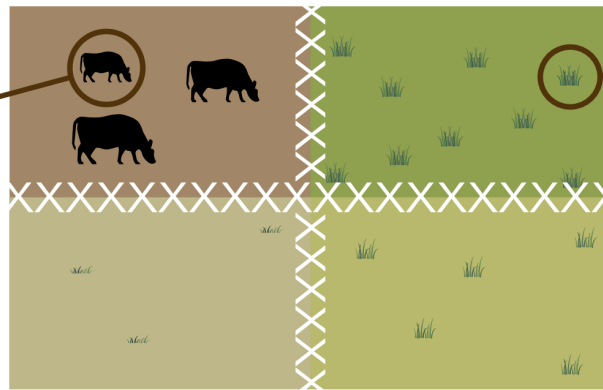
Paddocks not currently being grazed are left to rest for a period of 25 - 30 days. This allows plant life to come back to grazing height and develop deeper root systems.

Deeper root systems allow plants to draw more nutrients from the soil. They also help reduce field erosion which can lead to desertification.

Pastured animals are less susceptible to diseases like footrot, pinkeye and worms.



Healthier livestock means less dependence on expensive, potentially harmful antibiotics.



Increasing the yield of pasture land helps reduce dependence on grains and feeds, which can be expensive and laborious to grow.

Graphic by Alexandra Kanik

MAPLE SYRUP SEASON

Our Maple syrup is sourced from Divoll's Farm in Royalston, MA. John and Gus went to school together and remain friends who bond over farming projects. John and his team have been busy harvesting maple syrup this season and produced a bounty of fresh syrup to enjoy. We sell Divoll's Syrup in the following various sizes:

- Glass Maple Leaf Jar 50ml. ...\$4.00
- Glass Maple Leaf Jar 250ml...\$12.00
- Tin Cabin..... \$10.00
- Pint.....\$10.00
- Quart.....\$18.00
- Half Gallon.....\$30.00
- Full Gallon..... \$55.00



Email: gusfarmnh@gmail.com to reserve your order today.

A Must Watch Documentary

* Available for rent on Amazon for
\$4.99

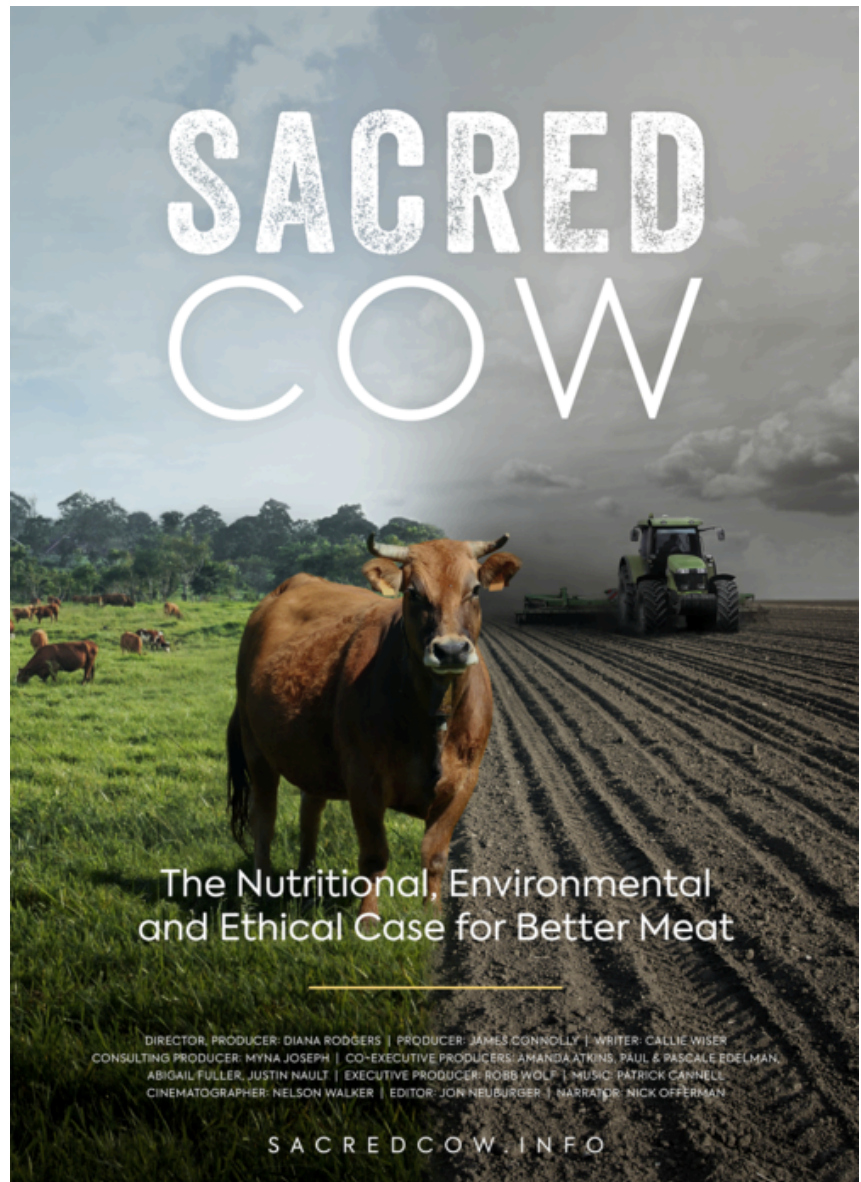
This documentary is worth the watch for anyone who is interested in learning more about America's food system and even more specifically the process / style of farming we are implementing here on

Gus's Farm. This

documentary is one that details the problems of our broken food system, but also gives hope about where small local farms are headed with regenerative agriculture. The documentary touches upon the

misconceptions of Animal Rights activists who advocate for a meatless diet, vegan diets, as well as the reality eating meat has on our carbon footprint. This is an

extremely informative documentary and even Mel gave it a five star review.



“This is our opportunity to acknowledge the power of regenerative agriculture to heal ourselves and our soil from the industrial food industry.”

– Diana Rogers, Author & Sustainability Advocate